

Breaking Down Silos: Collaborative Approaches to Restoration

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Agenda

What is a multidisciplinary team (MDT)?

Pros of MDTs

Catawba Nation History

Justice Strategic Plan & Behavioral Health Strategic Plan

Creation of the Catawba Nation MDT

MDT Implementations

Instructions for Creating an MDT

Question & Answers



What is a Multidisciplinary Team?

- A multi-disciplinary team is a group of various professionals that come from different disciplines and agencies, with each of them providing different services to the client.
- These professionals work together to coordinate services such as medical exams, victim advocacy, counseling, and much more.

Pros of Multidisciplinary Teams

- More appropriate interventions to help the client
- The efficient use of the agency's limited resources
- Lower burnout rate
- Obtain more information, in a quicker amount of time
- Treats the whole person rather than one part
- Lowers the amount of trauma to the client because they only have to tell their story once versus re-telling it to each MDT member.
- Teamwork and shared ideas can lead to better treatments and interventions for the client
- Expedites some referral processes
- A larger support system

Catawba Indian Nation

- Over 4,000 enrolled members
- The only federally recognized Native American Tribe in South Carolina
- Making concerted efforts to preserve the Native Catawba language
- ~75% live on the Reservation or within 2-3 hours from the Reservation
- The Reservation covers 1,012 acres and is situated in two separate rural sections of York County, South Carolina
- The Reservation also includes 16.57 acres in Cleveland County, North Carolina





Justice Strategic Plan

- Expressed through the Catawba Nation Justice Strategic Plan of 2021, the Catawba people spoke and clearly stated they wished the creation of a police and court system that was governed by the Nation and its people
- By way of an Executive Committee Resolution the Catawba Nation Police and Court systems were officially deemed a reality on January 1st, 2022.
- Cross-Deputization with York County & BIA
- CNTPD Model of Restorative Justice

Behavioral Health Strategic Plan

- Respondents to the 2021-2022 Catawba Nation Behavioral Health Survey, overwhelmingly agreed that Social Determinants of Health (SDOH) relating to education, unemployment and job insecurity, and access to affordable and quality health services are the primary contributors to substance use disorder (SUD). As one Tribal citizen expressed, "It's an easy way to deal with pain, stress, and depression."

2021-22 Behavioral Health Survey Tribal Member Responses

I believe opioid misuse is a problem in the community	76%
I know someone who has misused opioids	62%
I know someone who died due to an overdose	30%
I know someone who overdosed	39%
I believe opioids are easily accessible in the community	62%
I think transitional housing should be available within the community for those returning from a drug and alcohol rehabilitation program	80%
I agree/strongly agree that spirituality plays a role in my overall wellness	58%

Behavioral Health Services

- Assessments
- Individual Therapy (in person & telehealth)
- Family Therapy
- Intensive Outpatient Program
- Crisis Response
- Advocacy
- Referred Care
 - Withdrawal Management (detox)
 - Residential Treatment
 - Partial Hospitalization (PHP)
 - Medication Assisted Treatment (MAT)
 - Transitional Housing
 - Therapy



Catawba Nation MDT

The Catawba Nation has developed a Multidisciplinary Team (MDT) whose mission is to conduct an in-depth collaborative review of incidents and cases that involve suspected elder victimization, domestic violence allegations, child/adult sexual assault, behavioral health, and substance use disorder (not an all-inclusive list) to develop effective and efficient holistic responses ensuring citizens' needs.

It is the belief of the MDT that recovery is achieved through an all-encompassing circle of care approach. All information discussed within the MDT is designated as confidential pursuant to Tribal, state, and federal laws and regulations. The Behavioral Health Department & Catawba Nation Tribal Police Department serve as cornerstones of the MDT.



MDT Members

- Catawba Nation Tribal Police Department (CNTPD)
- Behavioral Health Department
 - Substance Misuse
 - Mental Health
- Tribal Home Visiting
- Family Services
 - ICWA
 - Senior Center
- Justice Services
 - Victim Services
 - Re-entry Services
- Tribal Resources
 - Housing
- Economic Development
 - Childcare
 - Citizen Benefits

Housing Changes



Housing policies have been amended to reduce barriers to entry – removed minimum income requirements and requirements for placement on the waitlist were eliminated. All applicants are placed on the waitlist at the time of application and an eligibility determination is made at the time of placement.



Assessment and treatment plans will now be required for tenants entering emergency housing to ensure they are aware of and access appropriate resources that will ensure their long-term ability to secure permanent housing.

Treatment Plans

Problems with
primary support
group

Problems related to
social environment

Educational
Problems

Occupational
Problems

Economic Problems

Problems with
access to
healthcare

Problems related to
interactions with
the legal system

Other psychosocial
and/or
environmental
problems

Adverse Childhood
Experiences

Victimization

Mental Health/
Substance Misuse

Suicidal/Homicidal
Ideation & Self-
Harm Behaviors

Steps to Creating an MDT

- Assess the needs within your community
- Select team members
- Build a strong foundation
- Ethical and Legal Considerations
- Professional Development
- Case Reviews &
- Anticipating Challenges
- Case Tracking



Successes & Hardships

- Case examples
- Balancing confidentiality in a small community



Thank you!

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