

Eastern Tribal Technical Assistance Program

Highway Safety Course Overview





National Traffic Safety Goal

- Reasonable goal ?
- Who's Involved?
- What can you do?
- How are we doing?





Crime/Crash Clock



Data Sources: Crime – Federal Bureau of Investigation's 2020 Crime Clock Statistics, Crime in the United States (10/16/2021) Crash – NHTSA 2020 Crash Report Sampling System (CRSS)

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Contributing Factors to Traffic Fatalities



Figure 2: Contributing Factors to Traffic Fatalities

If the driver is the primary contributing factor, what do town officials do to reduce their risk?



Engineering

Law Enforcement



Principles of The Safe System Approach



Toward Zero Deaths A National Strategy on Highway Safety (2014)

National Goal:

"A highway system free of fatalities through a sustained and even accelerated decline in transportation-related deaths and injuries."





Toward Zero Deaths: Urban Areas

- "Improve speed management and enforcement in urban areas to reduce the risk of fatalities."
- "Improve design and operations."
- "Educate drivers on safer driving practices in urban areas."
- "Educate workers on safety practices."
- "Educate judges, prosecutors and law enforcement on...risks related to urban areas."
- "Enact legislation...including pervasive automated speed enforcement and applications for school and other sensitive locations."





Perspectives on Safety



"When you build a new house, make a parapet around your roof so that you may not bring the guilt of bloodshed on your house if someone falls from the roof." --Deuteronomy 22:8, circa 700 BCE "The gap between existing design and attainable safety has widened enormously... As these attainable levels of safety rise, so do the moral imperatives to use them.." --Ralph Nader, 1965

Design Makes a Difference: Nissan Versa vs Nissan Tsuru



Performance Comparison



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How safe are we?





2020(*) Olympic Medal Corro

Country	Medals	Country	Medals
Australia	46	China	88
Canada	24	Poland	14
France	33	South Korea	20
Germany	37	Spain	17
Italy	40	Sweden	9
Japan	58	Switzerland	13
Netherlands	36	Great Britain	65
New Zealand	20	United States	113

Source: NBC

We're the best!



Fatal Roadway Crashes per 100,000 People

Country	Rate	Country	Rate
Australia	6.1	Norway	4.3
Canada	6.8	Poland	11.8
France	6.4	South Korea	14.1
Germany	4.7	Spain	5.4
Italy	7.2	Sweden	3.0
Japan	5.2	Switzerland	4.3
Netherlands	3.9	United Kingdom	3.7
New Zealand	9.1	United States	11.4

Source: World Health Organization

Most of our peers are doing much better than us.



What Goes Wrong?





Case Example: Worker Fatality in Saskatchewan

Facts & Circumstances

- Asphalt paving operation on flat, straight two-lane rural highway about 50 miles north of US border
- Statutory 60 km/h (35 mph) workers-present work zone limit
- Victim (age 18) a newly-trained flagger struck from behind and killed by vehicle driven by Driver (age 44)
- Victim's fiancée (paving crew) witnessed crash and interviewed by national media
- Driver told police he was distracted looking for a dropped paper
- Driver had three prior citations for minor traffic violations
- No evidence of alcohol/drug use
- Analysis showed 51-62 mph speed at time of impact
- Criminal justice process took more than 3 years



Case Example: Possible Contributing Factors

Driver:

- Distraction
- Excessive speed

Victim:

- Standing too close to open lane?
- Inexperience?

Roadway:

- Lowest statutory work zone speed limit in North America (35 mph). (Will drivers comply?)
- Lack of clarity about workers-present and workers-notpresent speed limits



Case Example: Outcomes

Criminal Justice

 Driver convicted of Dangerous Driving Causing Death and sentenced to two years imprisonment (currently under appeal) but acquitted of Criminal Negligence Causing Death.

Administrative & Legal

- Redesign of work zone approach signage
- Contractual changes to assure that 60 km/h (35 mph) speed limit signage is removed promptly when workforce leaves the site
- Increased use of rumble strips at flagger station approaches.
- Introduction of "gateway treatments" at work zone approaches
- Three-year pilot program for automated speed enforcement in work zones



Gateway Treatment **CS-33** CONSTRUCTIO

ENTERING A WORK ZONE

- The converging slanted boards are intended to make the roadway feel like it is suddenly getting narrower.
- The signage and colors shown above are consistent with the Canadian MUTCD and would require minor modification to meet the US MUTCD requirements.

Case Example: Human Impacts

- Driver: "I am truly, truly, truly sorry. I have a daughter about the same age and I can't imagine."
- Victim's Manager at Company: "There are no winners. He could get 20 years and that's not going to bring her back."
- Witness / Fiancée : "I am depressed and considered suicide... I drink myself to sleep every night."



The Safe System Approach





Making the Roadway a "Safe System"

- Traffic crashes usually involve a chain of events: *Mistakes – Mishaps – Behaviors*
- Primary Goal: Break the chain before a mistake turns into a serious incident
- Fallback Goal: Reduce incident and injury severity



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Trauma Chain for a Fatality

100 Years of Vehicle Safety Engineering



World's Best-Selling Automobile 1916



World's Best-Selling Automobile 2016

What safety features were standard in 1916? In 2016?



Traditional Approach: The 3 (or more) E's

"Every road safety problem can be solved by applying the 3Es"

Engineering • Education • Enforcement Emergency Medical Services • Evaluation Example • Encouragement • Everyone

- Developed circa 1915 and promoted by auto industry
- Works best for issues that involve a relatively small number of agencies and stakeholders
- Can be difficult to apply to problems that cut across professional disciplines or agency boundaries



Example of Difficulties with 3Es Approach

Single-vehicle run-off-the-road crashes involving fatigued drivers.

Engineering: Not isolated to specific locations, roadway reconstruction expensive

Enforcement: Unsuitable for targeted enforcement – can happen almost anywhere

Education: Public outreach effectiveness limited





The Safe System Approach









Hazard vs Risk

- In everyday speech we often use these two words interchangeably.
- In Safety Science, there is a distinction:
 - Hazard: A condition which could result in a casualty (injury or death)
 - Risk: The likelihood and consequences of a hazard





High Hazard, **A**

Low Hazard, High Risk

Risk Matrix

		Potential Consequences					
			L6	L5	L4	L3	L2
			Minor injuries or discomfort. No medical treatment or measureable physical effects.	Injuries or illness requiring medical treatment. Temporary impairment.	Injuries or illness requiring hospital admission.	Injury or illness resulting in permanent impairment.	Fatality
,			Not Significant	Minor	Moderate	Major	Severe
	Expected to occur regularly under normal circumstances	Almost Certain	Medium	High	Very High	Very High	Very High
pc	Expected to occur at some time	Likely	Medium	High	High	Very High	Very High
kelihoo	May occur at some time	Possible	Low	Medium	High	High	Very High
E	Not likely to occur in normal circumstances	Unlikely	Low	Low	Medium	Medium	High
	Could happen, but probably never will	Rare	Low	Low	Low	Low	Medium



Image: University of Sydney

Elements of a Safe System



If one element of the system fails, other elements help minimize the consequences of forstern TTAP

Safe System Principles

Human bodies don't withstand crash forces well.

Like most aspects of highway design, work zone design is ultimately about managing the interaction between humans and the physics of moving vehicles.



Physics 101





Kinetic Energy = $\frac{1}{2}mv^2$ At 20 mph (30 km/h): KE = 0.5 x 2000 x (30000/3600)² 70 kJ At 30 mph (50 km/h): $KE = 0.5 \times 2000 \times (50000/3600)^2$ _ 190 kJ At 60 mph (100 km/h): KE = 0.5 x2000 x (100000/3600)² = 770 kJDoubling speed quadruples kineti Eastern Tribal Technical Assistance Program

Pedestrian or Worker-On-Foot Struck by Car: Probability of Death

Pedestrian Injuries at Impact Speeds





Safe System Principles

- Human bodies don't withstand crash forces well.
- Instead of trying to eliminate all crashes, focus on preventing death and serious injury from crashes.
- Although some crashes involve an element of misbehavior, many are due to simple mistakes such as momentary inattention.



Drivers make mistakes.

Can we make our projects more forgiving of driver error?



An Unforgiving Driving Environment German Autobahn, 1953





60 Years of Roadway Safety Engineering



Safe System Principles

- Human bodies don't withstand crash forces well.
- Instead of trying to eliminate all crashes, focus on preventing death and serious injury from crashes.
- Although some crashes involve an element of misbehavior, many are due to simple mistakes such as momentary inattention.
- Strengthen all parts of the system: roads and roadsides, speeds, vehicles, and users.
- System designers and system users must share responsibility for managing crash forces to a level that doesn't result in death or serious in **JEASTERN TTAF**

Ten Injury Prevention/Reduction Methods

(Haddon 1970)

#	Method	Work Zone Example
1	Prevent accumulation of energy that could result in an injury.	Close the work zone to all traffic.
2	Reduce amount of energy marshalled.	Reduce traffic speed through the work zone.
3	Prevent release of potential energy.	Install fences to keep pedestrians away from construction equipment, trenches, and open holes.
4	Modify energy release rate.	Install Truck-Mounted Attenuators on work vehicles.
5	Increase time or space between potential victims and hazards.	Increase lateral and longitudinal buffer space between vehicles and workers.
6	Place barriers between hazard and potential victims.	Install portable concrete barriers to separate travel lanes from work activity areas.
7	Modify contact surfaces to disperse impact energy in a less hazardous way.	Use temporary traffic control devices that have been tested for crashworthiness.
8	Strengthen structures and devices that might be damaged.	Use MASH Test Level 4 barriers instead of Test Level 3 barriers on corridors with high truck volumes.
9	Reduce casualties by detecting injuries rapidly.	Install and maintain remote video monitoring of work zone traffic during construction.
10	Expedite and improve post-crash medical treatment.	Begin medical treatment while victims are being transported to trauma center.

Effectiveness of Different Types of Controls



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Safety Culture in Organizations

- Pathological: The organization thwarts changes that improve safety, even when the need is obvious and the payoff is rapid.
- 2. Reactive: Changes accepted only in response to a significant incident/threat.
- **3. Calculative:** Potential improvements considered systematically as part of cost control and risk management.
- **4. Proactive:** Organization actively searches for ways to improve performance and reduce risks.
- **5. Generative:** Safety is an integral part of everything the organization does.



The 1960 Corvair dash baby cradle. Before infant car seats were a major requirement, this was considered to be a safe and comfortable



How to reduce the driver's risk?

- Follow standards and good practices --MUTCD, Design Manuals, Best Practices, Road Safety Audit
- Keep your own eyes open for problems
- Train others to do the same 24/7/365
- Investigate resident complaints
- Pay attention to crashes and crash data
- Bring together a Traffic Safety Commission
- Create a Local Road Safety Plan < EASTERN TTAP